

# Why do People Go to Chiropractors?



**Dear Patients and Friends,**

Chiropractic examinations and treatments have increasingly become a major source of healthcare for our society.

Too often in the past, individuals considered going to chiropractors only as a last resort. They were usually older than today's patients and were suffering from chronic physical health problems, or had developed neck and lower back pain, pain in the extremities and so on, after severe traumas. All of these problems depended mostly upon the functioning of the peripheral nerves which run outside the spine.

Nowadays, people go to a chiropractor by the process of studied decision. They are better educated and choose chiropractic care because they have good reasons to believe that such care is more effective for their particular condition(s) and the response will be quicker and the treatment less expensive.

Very often, because of the changes of our life-style, going from mechanical to mental, individuals suffer not only from physical ailments, but also from malfunctioning of the central nervous system, which is located in the skull and within the spine. The problems come more from mental stress and make themselves known through headaches, disturbances of the internal organs, general fatigue, sudden changes in body temperature, visual troubles, insomnia, difficulty to concentrate, depression and so on.

## **WHAT are Chiropractors?**

We are not the back-crackers, punchers, leg-pullers or joint crunchers as those talked of some 50 years ago.

We are primary contact practitioners because a person can come directly to us and because of our scope of practice, we are responsible for our diagnosis and our treatment.

Interestingly enough, many chiropractors have come to the field almost solely because of personal or family experiences which resulted in their appreciation of this type of care.

## **WHAT can we do for YOU?**

We start with a detailed consultation followed, if necessary, by a thorough basic examination. Further examinations, of course, may be required in order to clarify the health situation of the patient.

We then search for "*subluxations*," neuro-locomotor segments locked within their normal range of motion and which are related to irritations and interferences on the nervous system.

# Why do People Go to Chiropractors?

As quickly as possible, we give what we call a “*chiropractic adjustment*” which is a manual, a non chemical and a non surgical procedure. This “chiropractic adjustment” helps restore normal communication and function within our entity including both the body and the mind. **It also helps relieve the pain and facilitates the healing process.**

Finally, we assist the patient in making the necessary shifts in his/her life-style.

Some chiropractors are increasingly concentrating on the functioning of the central nervous system. I know by experience that we, chiropractors, can find and offer a good part of the solution for a person who has developed problems on the neuro-glandular-immune system axis. I have found out that these problems manifest themselves more frequently in people who overuse high technology.

So, to the treatment of many disorders we definitely do provide worthwhile alternatives which supersede and complement the already existing medical care. The respect now accorded to the profession has been achieved through the efficient assistance patients have received from the chiropractor’s treatment.

Without going into lengthy and unheard-of details of miraculous cures, I will say that I have personally helped people who were literally crawling on the floor, or who came to me in a ambulance, and walked back home. At times, I have had such tremendous personal, almost “spine tingling” sensations myself, to see my very good friends (and most of my patients become good friends) overcoming the pains that had been destroying their personalities and their lives.

In a natural way, chiropractic helps you to recover and to maintain your maximum degree of health as well as to regain the manageability of your life with more meaning and more excitement !

This is what has brought chiropractic to become the type of treatment adopted -- with enthusiasm -- in an increasing number of families ! And why not in yours ?

**For more information, please contact me at:**

Healing Facilitation ®

Avenue des Nénuphars 11/1  
B-1160 Brussels (Auderghem)

Avenue d’Esneux 256  
B-4130 Esneux (Tilff-Méry)

Tel. 02 660 5765  
Fax. 02 675 4545

Tel. 04 226 1073

Email: [genevieve@chiropractorbergiers.be](mailto:genevieve@chiropractorbergiers.be)  
[www.chiropractorbergiers.be](http://www.chiropractorbergiers.be)